



Grace Fellowship of Morehead, KY

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HEALED!

Healing of the Mind

Message preached on Sunday Morning, November 5, 2023

Isaiah 53:4,5

- 4 ***Surely he hath borne our griefs, and carried our sorrows:*** yet we did esteem him stricken, smitten of God, and afflicted.
- 5 But he was wounded for our transgressions, he was bruised for our iniquities: ***the chastisement of our peace was upon him; and with his stripes we are healed.***

“griefs” – sickness, disease

“sorrows” – pains

Vs. 5 – We are well acquainted with “by His stripes we are healed”

Is this talking about our body? Absolutely!

Jesus took ALL of our sicknesses on the cross!

Vs. 5 – “Chastisement for our peace was upon Him”

“Peace” – shalom – health, prosperity, happy, favored, etc.

The underlying definition through the whole definition is tranquil!

Ease of mind of our health, prosperity, safety, etc.

BELOVED: Jesus took ALL of our sicknesses on the cross! All of them!

1 Thessalonians 5:23 – “And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.”

NOTICE: God is wanting to preserve us BLAMELESS (without correction) until Jesus comes back!

BELOVED: Our healing doesn't JUST include our physical bodies...but it includes our soul! Our MIND, WILL and EMOTIONS!

One of the greatest areas of attacks in our society is not JUST sicknesses of the body, but sicknesses of the mind!

Depression, stress, bi-polar, ADHD, confusion, anxiousness, anxiety, inferiority, eating disorders, body dysphoria, PTSD, etc.

I WANT YOU TO UNDERSTAND: It is all under the blood! They were all taken on the cross!

BELOVED: Often we glorify it or use it as a reason to act like we do.

* You bite and are mean to others...sorry, I'm stressed.

* You bite and are mean to others...sorry, I have PTSD.

* You don't like longer sermons...sorry, I have ADHD.

UNDERSTAND: All of these things are under the blood and have been broken off of you!

Psychology will counsel you to learn to deal with these things.

Medical will give you medication.

They will even tell you that you can do yoga or meditate to deal with them.

(NOTE: These things are not wrong in themselves.)

Psalm 107:20 – “He sent his word, and healed them, and delivered them from their destructions.”

BELOVED: God sent Jesus to heal you from these things!

Proverbs 4:22 – “For [His Words] are life unto those that find them, and health to all their flesh.”

- 1.) Jesus came on the CROSS to heal all of your diseases: body and soul!
- 2.) God spoke a thing and it is established!
You know His will...You know what He has already done!

2 Timothy 1:7 – “For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”

UNDERSTAND: Timothy was under GREAT pressure in Ephesus...*his mind was under great bombardment!* Vs. 4 tells us that Paul was writing this letter with tears in his eyes over Timothy’s situation. Vs. 5 Paul says he is convinced that Timothy can do this thing! Vs. 6 Paul tells Timothy to stir up the gift that is in him.

THEN he reminds him that even though the circumstances are RIFE for his mind to be under attack...God didn’t give him a spirit of fear; but of power, love and a SOUND MIND!

LISTEN: Paul would NOT have added SOUND MIND, if Timothy’s mind was solid! It was under attack! *“Sound mind”* – correct, to think right, to restore to one’s senses

UNDERSTAND: Even good Christians are attacked in their mind (just like their body), but remember this...

WHEN YOU ARE BORN AGAIN you are given a sound mind (just like you have been given healing of your body). It is yours! It was won on the cross!

HOWEVER: It doesn’t mean you will automatically live in it!

WHY? The enemy comes to kill, steal and destroy...and taking your mind captive is about the easiest way to do it!

The Battle in Your Mind

Proverbs 23:7 – “For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee.”

Isaiah 26:3 – “Thou wilt keep him in perfect peace, whose mind is stayed *on thee*: because he trusteth in thee.”

* So...whatever is in your mind is what you will be.

* If your MIND is stayed (not double-minded or wavering)...you will live in shalom shalom!

BELOVED: Is it any reason that God wants us to have a sound mind and that the enemy attacks our mind and the mind of this generation?

YOU SAY: Well, if it is mine because I am a Christian...what is God waiting for?

Deuteronomy 30:19-20

19 I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

20 That thou mayest love the LORD thy God, and that thou mayest obey his voice, and that thou mayest cleave unto him: for he is thy life, and the length of thy days: that thou mayest dwell in the land which the LORD sware unto thy fathers, to Abraham, to Isaac, and to Jacob, to give them.

BELOVED: It isn’t God’s choice whether you lived with a healed mind...He has already done the work. It is yours! You must walk in it...you must do the work!

Breaking Attacks of the Mind

If we are going to enjoy the SOUND MIND that God has given to us...it is going to take us attacking the enemy!

The Word of God gives us several weapons or tools that we can use when the enemy is attacking our mind (in any way).

1.) Praise and Worship.

Colossians 3:2 – “Set your affection on things above, not on things on the earth.

“**Affections**” – exercise the MIND

(AMP) – “And set your minds and keep them set on what is above (the higher things), not on the things that are on the earth.”

BELOVED: There is NO better way to attack the attacks of the mind than to enter into praise and worship. Sing of His goodness and works!

The next time you feel STRESS, DEPRESSION, INFERIORITY or even PTSD come on...step into praise! Step into His goodness! Sing it! Sound it!

REMEMBER: The first command is to love the Lord your God with all your HEART, SOUL, MIND and strength! That is a lot of soul mentioned!

2.) Get in the Word!

I know, I know, I know...don't we have something else?

BELOVED: If the Word was sent to heal our diseases...if the Word is our medicine...then perhaps that is where we should turn!

Romans 12:2 – “And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”

Just like medicine fights the infection of the body...the Word fights the infection of your mind. It sets your mind correct!

BELOVED: I am not saying it is easy peasy! I am saying if you are going to choose a SOUND MIND...you are going to have to choose to do what it takes!

“**Be not conformed**” – **BELOVED:** Don't let the world define your mind!

Don't let them tell you that it is normal for you to think this or think that or fight this or that!

3.) Cast Those Thought Down!

2 Corinthians 10:5 – “Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;”

NOTE: The picture of casting down in this passage is not just a passive activity...it is a violent one! Casting down as to cause injury!

Don't take those thoughts lightly...recognize what they are trying to do to you and your destiny!

YELL..NO!!!!

NOTICE: The last phrase...bring into captivity EVERY thought to the obedience of Christ.

SOOOOO you are the bouncer of your mind! YOU are its security guard!

WRONG THOUGHT: Bounce it!

GODS THOUGHT: Hold it captive! Let it stay and party!

4.) Prepare Your Mind!

1 Peter 1:13 – “Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;”

“*gird up the loins*” – tuck your robe into the belt so you can run without tripping!

IN OTHER WORDS: Get ready! Get prepared!

(AMP) – “So brace up your minds; be sober (circumspect, morally alert); set your hope wholly and unchangeably on the grace (divine favor) that is coming to you when Jesus Christ (the Messiah) is revealed.”

YOU MAY SAY: Well, doesn't this fit into the first three points?

ANSWER: Absolutely! But it needs to stand on its own!

AGAIN: Don't let the world around you prepare your mind! Let the Word prepare your mind!

YOU get the loose ends tucked in...don't let them trip you up.

BELOVED: If they do trip you up...get back up...tuck 'em in and keep moving.

Proverbs 24:16 – “For a just man falleth seven times, and riseth up again: but the wicked shall fall into mischief.”

Keep getting up!

ILLUSTRATION: When I knew my ministry was done...our electric bill was the largest bill I had ever seen and I was sure it was going to be the end of me (as a minister) and us (as a church). I put on a Jesse Duplantis message...wrote down what he said...got back up...and guess what!

Conclusion

BELOVED: You are not going to defeat those thoughts in your mind by hoping they go away! Because it doesn't work that way!

You will have to make a stand! You will have to bounce the old thoughts...you will have to replace them with new thoughts!

Over the next few weeks we are going to be talking about healing!

As we do...don't just associate it with your body...but also your mind.