



Grace Fellowship of Morehead, KY

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Enjoying Life:

The Blessing of Health

Sunday Morning, June 9, 2024

LAST WEEK: We began a series on ENJOYING LIFE. That is God's plan for you...to enjoy your life. We shared Scripture after Scripture telling us that God intended for us to enjoy our life.

YES, religion likes to define your spirituality by your level of agony...but that does NOT line up with Scripture.

NOTE: This doesn't mean that trials and battles won't come...but they are not intended to stay and dominate your life.

We are suppose to move through the battles to being perfect and complete lacking nothing (James 1).

The Blessing

The Word of God uses a specific word that encapsulates ENJOY life!

"Blessing" or **"Blessed"** – empowered to prosper; to increase

"Prosper" – a happy journey, successful journey, prosperous journey.

(AMPLIFIED) defines it as "happy, fortunate (favored), to be envied.

BELOVED: That is a life that one can enjoy.

Galatians 3:13,14

13 Christ hath **redeemed us from the curse of the law**, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree:

14 **That the blessing of Abraham might come on the Gentiles** through Jesus Christ; that we might receive the promise of the Spirit through faith.

"Redeemed" – to be bought out of something; price paid

ILLUSTRATION: The man who redeemed a painting that his wife had sown to dad. The painting was dad's...until it had been redeemed.

When Jesus was on the cross...He took our sins, He took our sickness, He took our poverty, He took our chastisement. He paid it all!

UNDERSTAND: Once something has been redeemed...it is no longer yours.

GET THIS: Jesus redeemed us...bought us out...of anything that is under any curse, so that we could live in the BLESSING!

Isaiah 53:4 – "Surely he hath borne our griefs, and carried our sorrows:..."

Matthew 8:17 – "That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses."

Why did He take 'em? Because you buy 'em you take 'em!

BELOVED: We live under the BLESSING and whatever is in the BLESSING and not under the CURSE or whatever is included in the CURSE!

Galatians 3:29 – “And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.”
If you are Christ's...then you get the BLESSING!

Genesis 1:26-28

- 26 And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.
- 27 So God created man in his own image, in the image of God created he him; male and female created he them.
- 28 **And God blessed them**, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

God did NOT create man to live under the curse...but to live under the BLESSING!

Sin brought the curse in...Jesus redeemed us!

So, we are suppose to be enjoying LIFE like they did in the garden.

Genesis 12:2,3

- 2 And I will make of thee a great nation, **and I will bless thee**, and make thy name great; and **thou shalt be a blessing**:
- 3 And I will **bless them that bless thee**, and curse him that curseth thee: and in thee shall all **families of the earth be blessed**.

Think of the life that Abraham lived...it was a life full of God's blessings...He enjoyed life...the only time troubles came on him was when he tried to rush God or do things his own way.

Other than that...He was blessed.

BELOVED: That is how we are supposed to live. **In that same BLESSING.**

This same BLESSING is what Jacob lived under.

Genesis 26:3-5 (When famine came to the land)

- 3 Sojourn in this land, and I will be with thee, **and will bless thee**; for unto thee, and unto thy seed, I will give all these countries, and I will perform the **oath which I sware unto Abraham thy father**;
- 4 And I will make thy seed to multiply as the stars of heaven, and will give unto thy seed all these countries; and in thy seed shall all the nations of the earth be blessed;
- 5 Because that Abraham obeyed my voice, and kept my charge, my commandments, my statutes, and my laws.

EXTRA NOTE: God is saying this to you...because you are a offspring too...“Obey what He tells you and He will bless you...and perform the oath which He swore to Abraham.” Galatians 3:29

If you examine the next several verses you will find that while everyone else in the land was frustrated because of famine...**Isaac was prospering.**

Genesis 26:12-14

- 12 Then Isaac sowed in that land, and received in the same year an hundredfold: and **the LORD blessed him**.
- 13 And the man waxed great, and went forward, and grew until he became very great:
- 14 For he had possession of flocks, and possession of herds, and great store of servants: **and the Philistines envied him**.

It even says they kept kicking him off of land because the were envious of his wells...and he didn't argue...he didn't whine...he just moved off and dug new wells and made them angrier.

That is what the BLESSING is all about.

Deuteronomy 28:1-2

- 1 And it shall come to pass, if thou shalt **hearken diligently** unto the voice of the LORD thy God, to observe and to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth:
- 2 And all **these blessings shall come on thee**, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

“Shaw-mah, shaw-mah” – listen and give attention to and to obey, what you heard.

John 2:5 – Jesus’ mother at the wedding, “whatsoever he tells you to do...do it.”

It hasn’t changed.

What happens under the blessing?

- Vs. 3 – blessing the city and in the field - location
- Vs. 4 – blessed be your kids, your fields, your flocks, etc.
- Vs. 5 – blessed in your wallet and banking accounts
- Vs. 6 – blessed when you are at home and when you are not
- Vs. 7 – safety from your enemies
- Vs. 8 – whatever your hands does is blessed
- Vs. 11 – plenteous in goods, etc.
- Vs. 13 – head and not the tail, above only and not beneath

That sounds like enjoying life!

EXPLAIN: That this was the end of Deuteronomy’s list of obedience.

Go to Deuteronomy 4 and the beginning of this whole thing.

Deuteronomy 4:1-2

- 1 **Now therefore hearken**, O Israel, unto the statutes and unto the judgments, which I teach you, **for to do them, that ye may live**, and go in and possess the land which the LORD God of your fathers giveth you.
- 2 Ye shall not add unto the word which I command you, neither shall ye diminish ought from it, that ye may keep the commandments of the LORD your God which I command you.

“Live” – to have life...

- * To live prosperously
- * To be revived or quickened...
 - ~ from sickness (restored to health)
 - ~ from discouragement
 - ~ from faintness
 - ~ from death
- * To grow

BELOVED: All of this is awesome! All of it is under the blessing! To live!

But not just to take up room on this planet...but to live like God wants you to live. Prosperously and in health. Total health.

What I want to shift into today is to simply set our focus on this...part of enjoying your life is being healed and healthy and strong.

God wants you to enjoy health. That is the BLESSING!

Deuteronomy 28 – the second part talking about the curse...

- Vs. 21 – Pestilence or the plague will cling to you
- Vs. 22 – Consumption, fever, inflammation, extreme burning
- Vs. 27 – Emerods – hemroids or even tumors; Scab or scurvy; skin diseases

LITERALLY SAYS: “Cannot be healed”

- Vs. 28 – Mental illness; madness, blindness, etc.

I mean the list goes on and on...

YOU THINK: Well, it doesn't say my infirmity on the list...so it is not under the curse?

Vs. 61 – “Also every sickness, and every plague, which is not written in the book of this law, them will the LORD bring upon thee, until thou be destroyed.”

BELOVED: Simply said...sickness does NOT belong to you...at all. Not in any form...in any way...it is not yours. It is under the curse and you are CHRIST'S...so you are under the BLESSING of LIFE and LIVING and HEALTH.

PAUSE A MOMENT: I can hear some of you feeling sad...because of sickness or pain on your body... therefore the BLESSING isn't working for you. You live under the curse, so you are not a Christian.

LISTEN: You can be a Christian and miss out on some BLESSINGS because you didn't know. What you don't know you will miss.

You can read the curses and say..."HOLD IT, that doesn't belong to me."

Whereas previously you were like, "Well, everyone gets sick sometimes."

ALSO NOTE: Are you doing all that you know to do. You can't pick and choose what you obey.

Back to Healing and Health

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.”

To Gaius...from the heart of God. Therefore, to us, from the heart of God.

“health” – to have sound health; to be well in body, whole

BELOVED: This is God's best for you...to NOT be sick at all!

QUESTION: Can you have joy in your life and be sick? Ok!

HOWEVER: Can you enjoy life more by not being sick? Absolutely!

IMPORTANT: No need for condemnation if you are fighting a battle right now...just know it is not a gift from God and it is NOT for you!

1 John 3:8 – “...For this purpose the Son of God was manifested, that he might destroy the words of the devil.”

Anything in your life that kills, steals or destroys...Jesus came to destroy those things!

He destroys destruction!

Here is what Jesus did:

Matthew 4:24 – “And his fame went throughout all Syria: and they brought unto him all sick people that were taken with divers diseases and torments, and those which were possessed with devils, and those which were lunatick, and those that had the palsy; and he healed them.”

Matthew 8:16 – “When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with his word, and healed all that were sick:”

Matthew 12:15 – “But when Jesus knew it, he withdrew himself from thence: and great multitudes followed him, and he healed them all;”

Luke 6:17-19

17 And he came down with them, and stood in the plain, and the company of his disciples, and a great multitude of people out of all Judaea and Jerusalem, and from the sea coast of Tyre and Sidon, which came to hear him, and to be healed of their diseases;

18 And they that were vexed with unclean spirits: and they were healed.

19 And the whole multitude sought to touch him: for there went virtue out of him, and healed them all.

NOTE #1: Never one time where Jesus gave someone sickness.

NOTE #2: Never one time did someone come to Jesus and they were not healed.

Matthew 15:26 - (Syrophenician woman's daughter) – “But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. ”

The daughter had a demon...her mother wanted her whole...Jesus said that kind of thing is for His kids. Her faith made her whole....healed her that very hour (vs.28).

Conclusion

BELOVED: We live under the blessing of God...which includes our total and complete healing...and even more so, living in health.

It is ours!

YOU SAY: “but my family...” NOPE!

YOU SAY: “but my environment...” NOPE!

YOU SAY: “but my habits...” NOPE! It is good to change them, but it doesn't change what the Bible says.

YOU SAY: “but my age...” NOPE!

2 Corinthians 6:2 – “For he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation.”

(NASB) – “for He says, “AT A FAVORABLE TIME I LISTENED TO YOU, AND ON A DAY OF SALVATION I HELPED YOU.” Behold, now is “A FAVORABLE TIME,” behold, now is “A DAY OF SALVATION.”

“Salvation” – soteria – salvation, safety, rescue, health, prosperity

QUESTION: What is the BEST time for someone to get born-again?

ANSWER: Now!

QUESTION: What is the best time to get healed?

ANSWER: According to this passage...NOW!

Let's receive it!