



Grace Fellowship of Morehead, KY

905 Clearfield Street * Morehead, KY 40351 * (606)776-7089 * www.gracemorehead.org

Victory over Emotions

Message preached on Sunday Morning, November 16th & 23rd, 2025

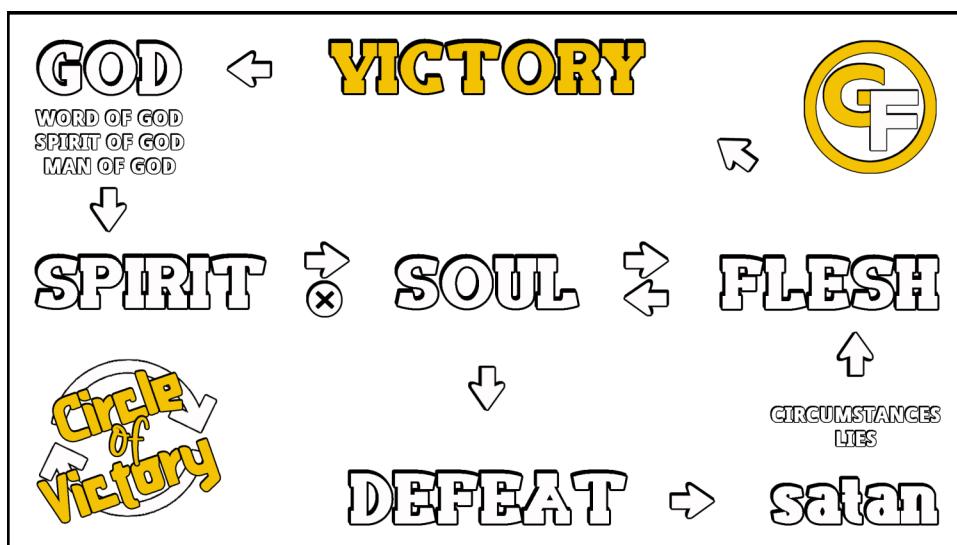
There is a smidge of this message that will be a continuation of last week's message...even the previous five weeks messages...yet, the Holy Spirit woke me up (or kept me awake) on Wednesday night (morning) to show me some things that are essential to our lives...the lives of a Christian.

Probably, about, 20 years ago the Lord revealed to me an essential part of the Christians life...the circle of victory.

Often we go through it...when we cover different topics...but it is something that will help keep you ON LINE, if you understand it.

It is a clear outflow of Romans 8...living in your spirit vs. living in your flesh.

Letting your spirit call the shots or letting your flesh call the shots.



This really is the difference between living in victory or living in discouragement and defeat.

NOW: This is where so many people love to bring out the point...even argue the point...you can't win them all. People love to argue the point that even Christians win some and lose some.

That is a deeper discussion than what I want to go through...but before we cover anything else on this chart, we MUST discuss...

God's Desire for Us is Victory (to Win)

BELOVED: I would absolutely love to sit up here and say, for peace sake, that HEY, ya, even Christians win some and lose some.

HOWEVER: My job isn't to make your soul tingle and feel good. My job is to tell you what the Holy Spirit is saying...what God is saying...what the WORD says!

Sometimes that gets us into arguments or even heavy discussions...because we all have our experiences or don't know anyone who has done what we are saying.

YET: When it comes to the Word of God...what God says...the ONLY plan that He has for us is to win.

Jeremiah 29:11 – “For I know the thoughts that I think toward you, saith the LORD, ***thoughts of peace***, and not of evil, to give you an expected end.”

(NASB) – “For I know the plans that I have for you,’ declares the LORD, ‘plans for prosperity and not for disaster, to give you a future and a hope.”

IN ESSENCE what this is telling us is that God has a plan for us...victory...so after all is said and done you know what you can expect after the battle is over.

YOU MAY ASK: Can this mean heaven? After all the battles of life, that the victory that they are prophesying is only heaven?

ANSWER: Heaven IS the ultimate victory...absolutely...that is the worse that the enemy can do to the child of God...but check this out (before we even get into straight Scripture).

LOOKING into the Old Testament (covenant) there is NEVER ONE time that God PLANNED for a defeat in any battle for the children of God.

SURE: There were times they lost...but that always had to do with disobedience...the children of Israel doing even in the sight of God. Never because God wanted to teach them a lesson on how to deal with failure in life.

(discuss the city of Ai...after Jericho—Judges 7).

God always planned on victory.

Always (see life of David). Look at Solomon...Abraham...Moses...etc.

Always.

NOW: This is where many people get sidetracked, because that was the Old Testament and everything in the Old Testament pointed to things in the New Testament. Old Testament included types and symbols in the flesh for the New Testament operating in spiritual truths.

- * Therefore incense referred to prayer and praise.
- * White linen referred to holiness.
- * Sacrifice of animals referred to what Jesus did on the cross.
- * God dwelling in the Holy of Holies pointed towards God dwelling in our tabernacles.

THEREFORE: They will say...all the fleshly victories are ONLY pointing towards spiritual victories in the New Testament.

HERE IS THE TRUTH: Old Testament is a covenant between God and man.

In a covenant you can NEVER take away from the covenant...but you can always add to the covenant.

You can't say that you don't want to do that anymore, but you will do something else.

ILLUSTRATION: I know we have a covenant that I will give you immense earthly blessings and victory constantly on this earth...but now I am just going to give you the promise of it ONE DAY, while you walk through fire and water.

According to Galatians 3:13,14,29 it makes it clear that every covenant that was made to Abraham or any of his descendants are given to us...us that are in the New Testament.

So the physical good that was in the Old Testament is promised to those who are in Christ in the New Testament...along with all the SPIRITUAL BLESSINGS.

We get both.

Hebrews 8:6 tells us we have a BETTER COVENANT...

QUICK EXAMPLE: Let's say that I make a covenant with someone that I will wash their car every week...forever. That is now under the blood and oath of the covenant. After about six months I get annoyed and tired of it...so I say I am going to change the covenant and only do it every month or every two months. Nope. I can't take away from the covenant.

I have made that oath under blood and it is set. I should of thought how I may feel 6 months down the road.

NOW: What I can do is say...I will now detail the inside too. Or, I will bring a crew to get it done quicker...but I cannot pull back.

Remember Hebrews 10 – We are not those who pull back unto perdition.

Well, neither is God.

I SAID ALL OF THAT TO SAY THIS: God wants us living in VICTORY in the flesh and in the spirit. He wants us to have victory on this earth as well as when life is over.

YOU SAY: Well, that is nice...but do you have any Scriptures that can prove this?

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.”

Do you think the BELOVED knew the heart of the Father?

1 Corinthians 15:57 – “But thanks be to God, which giveth us the victory through our Lord Jesus Christ.”

2 Corinthians 2:14 – “Now thanks be unto God, ***which always causeth us to triumph in Christ***, and maketh manifest the savour of his knowledge by us in every place.”

I can almost hear the Corinthian church after the first letter teaching that sometimes you have victory (like Paul said), but we must be ready for discouragement and defeat. So Paul puts at the front of the next letter a clarification...ALWAYS!

Romans 8:37 – “Nay, in all these things we are more than conquerors through him that loved us.”

NOTE: Previously it is talking about tribulations and battles that we may face...some severe, but in all of them we are more than conquerors.

Ephesians 6:16 – “Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

NOTE: Simply because Paul puts Ephesians 6:10-20 in his writings we can know that battles and tribulations will come our way...but guess what else will come our way? Yup, VICTORY!

LISTEN: If NONE of the enemies artillery can hit us or even get to us...how in the world can he defeat us. He will eventually run out of artillery.

Isaiah 54:17 – “***No weapon that is formed against thee shall prosper***; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD.”

UNDERSTAND: He will shoot...he will NOT succeed.

Psalm 66:12 – “Thou hast caused men to ride over our heads; we went through fire and through water: but thou broughtest us out into a wealthy place.”

A wealthy place is a victorious place.

Here is the secret:Exodus 14:13-15

13 And Moses said unto the people, ***Fear ye not, stand still, and see the salvation of the LORD,*** which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever.

14 ***The LORD shall fight for you,*** and ye shall hold your peace.

15 And the LORD said unto Moses, Wherefore criest thou unto me? speak unto the children of Israel, that they go forward:

QUESTION 1: Is God expecting the victory? Absolutely**QUESTION 2:** Who is doing the heavy lifting? God**QUESTION 3:** What does letting Him fight for you look like? Doing what He says.

Often we are confused by Him fighting for us and we just WAIT for things to happen...therefore, we are not going to succeed.

REMEMBER: We are fighting in the spirit realm...so we need to get our directions from the spirit realm...make decisions to do it...and then DO IT (flesh).

Problem becomes we get afraid...frustrated...discontent, etc. So we do nothing!

EXAMPLE: You are having financial difficulties...your flesh needs money...your spirit says, "Give and it will be given to you.", "Tithe and the windows of heaven will be open." But that scares you...what if it doesn't work.

UNDERSTAND: God is going to fight the battle for you...you just have to operate out of your spirit to see the victory manifest.

Deuteronomy 20:4 – "For the LORD your God is he that goeth with you, to fight for you against your enemies, to save you."

AGAIN: We know what that looked like time and again. They had to obey.
Joshua 7

2 Chronicles 20:17 – "Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the LORD with you, O Judah and Jerusalem: fear not, nor be dismayed; to morrow go out against them: for the LORD will be with you."

So God is going to fight the battle! What did it look like?

Them going in with singers first and praise the Lord LOUDLY!
God set the ambushments...THEY saw the victory.

AGAIN: What could have gone wrong?

Sending the singers out first? Not armed?

Do you think that the singers were at least a little scared? Nervous?

Do you think that they could have thought of at least one better way to fight the battle?

BELOVED: All those thoughts are going through their minds...all those emotions are swirling.

Their job was to get control of their emotions...do what God said...win the battle. NOT FIGHT the battle, but win it.

1 Timothy 6:12 – "Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses."

Romans 10:17 – "So then faith cometh by hearing, and hearing by the word of God."

OUR JOB: To fight to keep our faith operating (stay in the Word).

HIS JOB: Fight the battles.

John 16:33 – "These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but ***be of good cheer; I have overcome the world.***"

OUR JOB: Joy!

HIS JOB: Overcome the world!

So, who is fighting our battles in the New Covenant? God is!
 We still must obey.
 We must stay in control over our emotions.
 Even the best decision maker in the world can be side-tracked by their emotions.

No Defeat

Romans 8:1-17

- 1 There is therefore now ***no condemnation to them which are in Christ Jesus***, who walk not after the flesh, but after the Spirit.
- 2 For the law of the Spirit of life in ***Christ Jesus hath made me free from the law of sin and death.***
- 3 For what the law could not do, ***in that it was weak through the flesh***, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:
- 4 That the righteousness of the law might be fulfilled in us, ***who walk not after the flesh, but after the Spirit.***
- 5 ***For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.***
- 6 ***For to be carnally minded is death; but to be spiritually minded is life and peace.***
- 7 ***Because the carnal mind is enmity against God:*** for it is not subject to the law of God, neither indeed can be.
- 8 So then they that are in the flesh cannot please God.
- 9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. ***Now if any man have not the Spirit of Christ, he is none of his.***
- 10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.
- 11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.
- 12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.
- 13 ***For if ye live after the flesh, ye shall die:*** but if ye through the Spirit do mortify the deeds of the body, ye shall live.
- 14 ***For as many as are led by the Spirit of God, they are the sons of God.***
- 15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.
- 16 The Spirit itself beareth witness with our spirit, that we are the children of God:
- 17 And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

What Determines Your Victory?

As we read through Romans 8...it makes it very clear that being LED by the SPIRIT of God brings us victory...the battle ground is your SOUL.

IN OTHER WORDS: Which ever controls your SOUL will determine your victory. Will your SOUL be carnal or spiritual?

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, ***even as thy soul prospereth.***”

You will ENJOY healing and prosperity TO THE LEVEL that your SOUL prospers! If your SOUL runs amuck...calls the carnal shots...you will walk in defeat.

THINK ABOUT IT: No physical battle (sickness, lack, etc) comes without a soul battle (discouragement, anger, fear).

UNDERSTAND: You can know what you are suppose to do, but when your emotions are out of whack, it will keep you from making the RIGHT decisions.

OUT OF WHACK EMOTIONS (carnal): fear, frustration, disappointment, depression, anger, guilt, shame, anxious, bitterness, jealousy, offense, overwhelmed, inadequacy, etc.

WHAT WE WANT: gratitude, joy, love, peace, hope, satisfaction, excitement, patience, passionate, etc.

MARK POPE: a lot of new players on his team and they didn't know how to control their emotions...so before Louisville game, they were overly hyped up and wore themselves out by game time.

He said, we don't want to have the control their emotions (cage 'em in), but to keep their emotions focused, intentional.

IN OTHER WORDS: When those emotions begin rising up...recognize them, but don't let them control... know what to do.

THEREFORE: When a situation hits...

FEAR rises up...recognize it...know what you need to target...Word.

DEPRESSION or FRUSTRATION rises up...recognize it...get in the Word...praise!

Use your emotions as markers...and attack them.

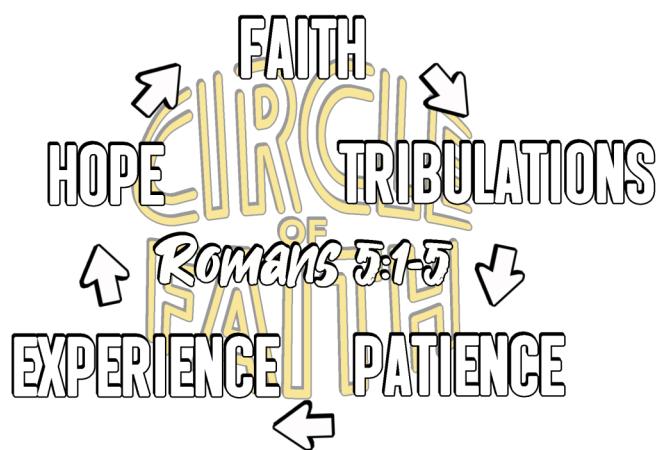
Know what the enemy is doing...what he is planning, take control of the flesh by your spirit.

UNDERSTAND: When emotions begin calling the shots (running amuck)—you will want to quit, disobey, or not even start at all.

JERRY SAVELLE: If the devil can't steal your joy (spirit), he can't keep your goods.

Circle of Faith

NOW: We've looked at the Circle of Victory out of Romans 8...we should be well versed in that. But there is another circle that is equally important...and I would say it is just another way to say it.



Romans 5:1-5

- 1 Therefore being **justified by faith**, we have **peace** with God through our Lord Jesus Christ:
- 2 By whom also we have access by faith into this grace wherein we stand, and **rejoice in hope of the glory of God**.

The Word comes through the Word of God...activates our faith.

- 3 And not only so, but we glory in **tribulations** also: knowing that tribulation worketh **patience**; When faith comes...the fight of faith comes. Tribulations.

Mark 4:16,17

- 16 And these are they likewise which are sown on stony ground; who, when they have heard the word, immediately receive it with gladness;
- 17 And have no root in themselves, and so endure but for a time: afterward, when **affliction or persecution ariseth for the word's sake**, immediately they are offended.

When the battles rise up...we have a chance to work our patience.

NOT just "sticking with it", but staying strong...not letting our emotions move us out of our stand of faith. **Constancy!**

James 1:3-4

3 Knowing this, that the trying of your faith worketh patience.

4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

4 And patience, **experience**; and experience, **hope**:

When you stay constant...stick with it...you get the victory!

That is the experience!

What is a good fight? It is a fight you win!

1 Timothy 6:12 – "Fight the good fight of faith..."

UNDERSTAND: Because it is called a fight, it means it can be tough.

Because it is called a good fight...it is one we win.

When you get your victory...you are ready for the next time around the circle! Ready to go!

Because you EXPECT to win again! That is HOPE!

5 And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

Romans 1:17 – faith to faith (levels of faith)

2 Corinthians 3:18 – glory to glory (levels of victory)

Gotta Make It Around These Circles

Here is the thing the Lord revealed to me...the first time you go around these circles is probably going to be one of the toughest things you will make it through.

You will want to quit.

You will want to stop before you start.

HOWEVER: When you make it through...you raise your momentum. Next time it will be easier to stick with it.

The battle may be tougher, but you have a testimony.

Revelations 12:11 – "Overcome him by the blood of the Lamb and the Word of our testimony."

UNDERSTAND: When you have momentum...it is easier to ram through the obstacle in the way.

Every time you make it around the circles:

- * Your faith increases
- * Your battle increases
- * Your will to confront the next battle increases, inspite of your emotions

1 Samuel 17:33-37

33 And Saul said to David, Thou art not able to go against this Philistine to fight with him: for thou art but a youth, and he a man of war from his youth.

34 And David said unto Saul, Thy servant kept his father's sheep, and there came a lion, and a bear, and took a lamb out of the flock:

>35 And I went out after him, and smote him, and delivered it out of his mouth: and when he arose against me, I caught him by his beard, and smote him, and slew him.

36 Thy servant slew both the lion and the bear: and this uncircumcised Philistine shall be as one of them, seeing he hath defied the armies of the living God.

37 David said moreover, The LORD that delivered me out of the paw of the lion, and out of the paw of the bear, he will deliver me out of the hand of this Philistine. And Saul said unto David, Go, and the LORD be with thee.

He had made it through these circles a couple times:

- a.) Lion
- b.) Bear
- c.) He RAN into battle against Goliath. He had momentum.

HERE IS WHAT rose up in me...what did he actually start with?

Did he start with the lion? Probably not!

Maybe he started with a snake...killed it.

Then came a fox...or a wild dog...killed it.

Then came something bigger...killed it.

By the time a lion or a bear showed up...he had his momentum going to take them out.

Don't stop. Don't quit. And by all means GET GOING!

PERHAPS: Talk about Hannah in 1 Samuel! She had to get her emotions under control, so she could receive her victory.

WE MUST build up our spirit man (Word, voice, man)!

Conclusion

Today, as we close...I want to show you a way that God has given to us to get control of our emotions. When the battle comes and we recognize our emotions wanting to go wild...what should we do?

1 Corinthians 15:57 – “But thanks be to God, which giveth us the victory through our Lord Jesus Christ.”

2 Corinthians 2:14 – “Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place.”

KEITH MOORE: God told him, “If you want to increase your capacity to receive from me, cultivate a life style of thanksgiving.”